

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


# February 2018


"If **apples** were **pears**  
And **peaches** were **plums**  
And the **rose** had a  
different name.  
If **tigers** were bears  
And fingers were thumbs  
I'd love you just the  
same."



**9:30 Home Cooking – Michael** 1  
9:30 **Calendar Delivery**  
11:00 Exercises  
1:30 This and That  
1:30 Pass the Painting  
3:15 Movement & Motion  
3:15 Labor of love 2<sup>nd</sup>


**8:30 Breakfast Club (A&M)** 2  
9:30 **Chapel-Christ Church**  
9:30 1:1 Visits 2<sup>nd</sup> fl.  
11:00 Exercises  
11:00 Music of the 60,s  
Passive  
1:30 Movie Matinee  
1:30 Movement & Motion  
**Nail Care if time allows**  
Groundhog Day

9:30 Coffee & Chat 3  
11:30 Exercises  
1:30 T.V. Show  
  
3:15 Movement & Motion

**9:30 Chapel/Major Norma** 4  
11:00 Exercises  
1:30 Movement & Motion  
2:30 Café Opened to Family, Residents, Tea & Coffee  


9:30 **Chapel/Major Renée** 5  
**9:30 Home Cooking –Leigh**  
9:30 1:1 Visit 1<sup>st</sup>  
11:00 Exercises  
1:30 Card Games Lobby  
**1:30 Family Council Mtg.**  
3:15 Movement & Motion  
**4:00 Room 217 (1-1)**  
6:00 Giant Crossword Puzzle

9:30 **RC Communion** 6  
**9:30 Nail Care**  
11:00 Exercises  
1:30 Movement & Motion  
1:30 Color Me Happy-AR  
**2:30 French Fry Frenzy**  
3:15 1:1 Visits 2<sup>nd</sup>  
4:15 Baseball  
6:00 Word Games

9:30 1:1 Visits 3<sup>rd</sup> fl. 7  
**9:30 Resident Council Meeting**  
10:00 Group Choice Games  
11:00 Exercises  
11:00 Short Stories Passive  
1:30 Bingo  
  
1:30 1-1 Visits 1<sup>st</sup>  
3:15 Life Stories Board  
3:15 Movement and Motion

9:30 Reading Group on 3<sup>Rd</sup> 8  
9:30 Card Bingo  
11:00 Exercises  
11:00 Word Find  
**1:30 Mixed Nuts Entertaining-Lobby**  
3:15 Movement & Motion  
3:15 group games (Chapel)

9:30 **Hymn Sing Chapel-Pam** 9  
11:00 Exercises  
1:30 Movie Matinee  
**1:30 Nail Care**  
  
3:15 **Valentine's Poems**  
4:00 Movement & Motion  
6:00 Olympic Trivia  
**Olympics Start**

**Day 1 of Olympics** 10  
9:30 Coffee & Olympic Recap  
11:00 Exercises  
1:30 T.V. Show  
  
3:15 Movement & Motion  


**Day 2 of Olympics** 11  
**9:30 Chapel/Lifted2Love**  
9:30 1:1 Visits  
11:00 Exercises  
1:30 Movement & Motion  
2:30 Café Opened to Family, Residents, Tea & Coffee  



**Day 3 of Olympics** 12  
9:30 Sing Along 2<sup>nd</sup>  
**9:30 Home Cooking-W**  
11:00 Exercises  
11:00 1-1 Visits-Lobby  
**1:30 Music Care Circle W**  
1:30 Step by Step Painting (M&P)Chapel  
4:15 Movement & Motion  
6:00 Name that Tune


**Day 4 of Olympics** 13  
9:30 **RC Communion**  
**10:00 Shrove Tuesday-café, residents and staff**  
11:00 Exercises  
1:30 Color Me Happy  
**1:30 Ladies Club**  
3:15 Olympic Bowling  
4:15 Movement & Motion  
6:00 Valentines Baking Café  
Mardi Gras

**Day 5 of Olympics** 14  
9:30 Prep For Luncheon  
**11:00 Exercises**  
**12:00 Couples Valentine's Luncheon Falls Manor**  
 Valentine's Day  
**3:15 Movement & Motion**  
**3:15 Sing Along Love Songs**  
**4:00 Room 217 (1-1)**  
**6:00 Bingo**


**Day 6 of Olympics** 15  
9:30 Scrabble  
9:30 Going for Gold Noddle Hockey  
11:00 Exercises  
11:00 EZ Cheery-OBirdFeeders  
1:30 Giant Jeopardy  
1:30 Cheery Choc Short Bread  
3:15 Chicken Soup for the Soul  
3:15 Olympic Warm Up

**Day 7 of Olympics** 16  
9:30 **Hymn Sing Chapel-Pam**  
9:30 Prep for Luncheon  
11:00 Exercises  
**12:00 Chinse Luncheon**  
2:15 Movie Matinee  
**2:30 Nail Care**  
  
3:15 Movement & Motion  
**Chinese New Year**  
Chinese New Year


**Day 8 of Olympics** 17  
9:30 Coffee & Chat  
11:30 Exercises  
1:30 T.V. Show  
  
3:15 Movement & Motion  



**Day 9 of Olympics** 18  
**9:30 Chapel/Major Renée**  
**9:30 Room 217 W**  
11:00 Exercises  
1:30 Movement & Motion  
2:30 Café Opened to Family, Residents, Tea & Coffee  



**Day 10 of Olympics** 19  
**Family Day**  
9:30 Coffee Break (AR)  
11:00 Exercises  
1:30 Imagination Vacation(AR)  
3:15 Movement & Motion  



**Day 11 of Olympics** 20  
9:30 **RC Communion**  
**9:30 Nail Care**  
11:00 Exercises  
**2:00 Birthday Party with Reads Harmonica Band**  
3:30 Movement & Motion  
4:00 Mega Bean Bag  
6:00 Tuesday Trivia  


**Day 12 of Olympics** 21  
9:30 1-1 visits  
11:00 Exercises  
1:30 Canadians Olympic Winners  
  
1:30 Spelling Bee  
3:15 Movement and Motion  
4:00 1:1 Visits 1<sup>st</sup>  
6:00 Bingo

**Day 13 of Olympics** 22  
**9:30 Pam's Delights**  
9:30 1:1 Visit's 3<sup>rd</sup> fl.  
11:00 Exercises  
**1:30 Dolphin's CH**  
**1:30 Men's Club**  
3:15 Olympic Shuffleboard(M&P)  



**Day 14 of Olympics** 23  
9:30 **Hymn Sing Chapel-Pam**  
11:00 Exercises  
1:30 Movie Matinee  
**1:30 Nail Care**  
  
3:15 Ring Toss  
4:00 Movement & Motion  
6:00 Paint by Numbers

**Day 15 of Olympics** 24  
9:30 Coffee & Chat  
11:30 Exercises  
1:30 T.V. Show  
  
3:15 Movement & Motion

**Day 16 of Olympics** 25  
**9:30 Chapel/Major Renée**  
9:30 1:1 Visits  
11:00 Exercises  
1:30 Movement & Motion  
2:30 Café Opened to Family, Residents, Tea & Coffee  
**Olympics End**  


9:30 **Chapel/Major Renée** 26  
9:30 Niagara Stunt People  
9:30 1-1 Visits  
11:00 Exercises  
11:00 1-1 Visits-Lobby  
**1:30 Music Care Circle-WMR**  
1:30 Trivia  
3:00 Movement & Motion  
4:00 Mega Bean Bag  
6:00 Word Mining

9:30 **RC Communion** 27  
**9:30 Nail Care**  
11:00 Exercises  
**1:30 Dan & Mark Entertaining**  
3:15 Color Me Happy  
3:15 Movement & Motion  
4:00 Basketball  
6:00 Last Letter Game

9:30 **Chapel/St. Andrews** 28  
9:30 1:1 Visit's 2<sup>nd</sup>  
11:00 Exercises  
1:30 Travel the World  
**1:30 Room 217 (1-1)**  
3:15 Movement & Motion  
3:15 Who Am I  
**4:00 Room 217 (1-1)**  
6:00 Bingo  


**Fun Facts About February:**  
♦ Viola plant (**Violet**) and the **Primrose** are the flowers for February.  
The month of February is the only month that can pass **without a full moon**, in common years.  
The next time we would witness such a scenario would be in 2018.  
The February born will find Sincerity and peace of mind; Freedom from passion and from care, If they the Pearl (also green Amethyst) will wear.