

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

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"January is named after the Roman god Janus, who was always shown as having two heads. He looked back to the last year and forward to the new one. The Roman New Year festival was called the Calends, and people decorated their homes and gave each other gifts."

9:30 RC Communion  
1:15 Movement & Motion(AR)  
2:30 Name That Tune-Lobby  
4:00 1:1 Visits  
6:00 New Year's Word Find(AR)



New Year's Day

**Taking Down Decorations**  
9:30 This & That-Lobby  
11:00 Exercises  
1:00 Music Care Men's Club-AR  
1:30 Bingo -Chapel  
1:15 1:1 Visits  
3:00 Music Care 1-1  
3:15 Movement & Motion  
4:00 Before Dinner Brain Games  
6:00 Branching Out Words

9:30 **Home Cooking -Michael**  
  
9:30 Hymn Sing  
11:00 Exercises  
1:30 Movie Matinee  
1:30 1-1 Visits  
3:15 Movement & Motion

9:30 Chapel/Christ Church  
9:30 Travel the World  
11:00 Exercises  
1:00 Music Care Italian Club  
1:30 Nail Care  
  
3:00 Music Care-mobile  
3:15 Movement & Motion

9:30 Morning Trivia  
11:00 Exercises  
1:15 Baking Café (AR)  
3:15 Movement & Motion  
4:00 Bean Bag Toss  
6:00 Card Bingo (Act. Rm)



9:30 Chapel/Major Renée  
9:30 Brain Games  
11:00 Exercises- Chapel  
1:15 Movement & Motion  
2:30 Eventide Café



9:30 Sharpen Your Senses  
9:30 Music Care (1-1)  
11:00 Exercise  
1:30 Family Council Mtg  
1:15 Horse Races (CH)  
1:00 Music Circle A/R  
3:15 Movement & Motion  
3:00 Music Care-Sm Grp  
4:00 Jeopardy  
6:00 Paint by Numbers

9:30 RC Communion  
9:30 Nail Care  
11:00 Exercises  
1:30 Burton Morris Pop Art  
  
3:00 French Fry Frenzy  
3:00 Bocce Ball – Chapel  
4:00 Movement and Motion  
6:00 Music Stars-Lawrence Welk

9:30 Chapel/Major Renée  
9:30 Humor Hour -Lobby  
10:00 Resident Council Mtg  
11:00 Exercises  
1:00 Music Care Men's Club-AR  
1:30 Ann Dorland on Piano  
3:00 Music Care 1-1  
3:15 Movement & Motion

9:30 Hymn Sing-Pam  
11:00 Exercises  
1:30 Movie Matinee  
3:00 Movement & Motion  
3:45 Easy Does It Trivia  
6:00 Bingo-Chapel




8:30 **Breakfast Club (M&A)**  
11:00 Exercises  
1:00 Music Care Italian Club  
1:15 Nail Care  
  
2:30 Movement & Motion  
3:00 Music Care -mobile

9:30 Color Me Happy (AR)  
9:30 Music Care 1-1-2  
11:00 Exercises  
1:15 Zumba (CH)  
2:15 TV Classics (CH)



9:30 Chapel/Lifted 2 Love Major Renee  
9:30 1:1 Visits  
11:00 Exercises  
1:30 Ivengi Krieger Entertaining-lobby  
3:15 Movement & Motion



9:30 **Home Cooking (L)**  
  
9:30 1-1 Visits  
9:30 Music Care (1-1)  
11:00 Exercise  
1:00 Team Meeting-Act. Rm.  
1:00 Music Circle A/R  
3:30 Movement & Motion  
3:00 Music Care-Sm Grp

9:30 RC Communion  
9:30 Nail Care (L)  
11:00 Exercises (L)  
1:30 Creative Art - Act (M)  
3:00 Mega Bean Bag Toss  
4:00 Movement and Motion  
6:00 Word Find(M)



9:30 Chapel/Major Renée  
9:30 Puzzles and Pondering  
11:00 Exercises  
1:00 Music Care Men's Club-AR  
1:15 1:1 Visits  
1:30 Bingo -Chapel  
3:00 Music Care 1-1  
3:15 Movement & Motion  
4:00 Ring Toss  
6:00 Word Games

9:30 Hymn Sing-Pam  
9:30 1-1 Visits  
10:30 Card Games- Lobby  
11:00 Exercises  
1:30 Movie Matinee  
2:00 Cards Games- Lobby  
  
3:15 Movement & Motion

9:30 Unlikely Heroes Stories  
11:00 Exercises  
1:00 Music Care Italian Club  
1:30 Nail Care  
  
3:00 Music Care -mobile  
3:15 Movement & Motion

9:30 Morning Memory Game  
11:00 Exercises  
1:15 TV Classics (AR)  
3:15 Movement & Motion  
4:00 Bean Bag Toss  
6:00 Card Bingo



9:30 Chapel/Major Renée  
9:30 1-1 Visits 1<sup>st</sup>  
11:00 Exercises- Chapel  
1:15 Movement & Motion  
2:30 Eventide Café



9:30 Sing Along- Lobby  
9:30 Music Care (1-1)  
11:00 Exercise  
1:15 Bowling  
1:00 Music Circle A/R  
3:15 Movement & Motion  
3:00 Music Care -Sm Grp  
4:00 Bean Bag Toss  
6:00 Baking Café

Martin Luther King Day  
Tu B'Shevat

9:30 RC Communion  
9:30 Nail Care  
11:00 Exercises  
2:00 Birthday Party with Brad Boland-Lobby  
  
3:45 Movement & Motion  
6:00 Fun with Music- Country Classics

9:30 Chapel/St. Andrews United  
9:30 Reading Circle (AR)  
11:00 Exercises  
1:00 Music Care Men's Club(AR)  
1:30 Bingo  
3:00 Music Care 1-1  
3:15 Movement & Motion

9:30 Hymn Sing-Pam  
11:00 Exercises  
1:30 Movie Matinee  
3:00 Movement & Motion  
3:45 Nam that Tune  
6:00 Bingo-Chapel



9:30 Picture Bingo  
11:00 Exercises  
1:00 Music Care Italian Club  
1:30 Nail Care  
  
3:00 Music Care -mobile  
3:15 Movement & Motion

9:30 Color Me Happy (AR)  
9:30 Music Care 1-1-2  
11:00 Exercises  
1:15 Zumba (AR)  
2:15 TV Classics(CH)



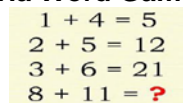
9:30 Chapel/Major Renée  
9:30 1:1 Visits  
11:00 Exercises  
1:15 Movement & Motion  
2:30 Eventide Café



9:30 1-1 Visits  
9:30 Trivia (AR)  
9:30 Music Care (1-1)  
11:00 High Tea  
11:00 Exercise  
1:30 Dave Burden Entertaining  
3:15 Movement & Motion  
3:00 Music Care- Sm Grp

Australia Day (observed)

9:30 RC Communion  
9:30 Nail Care  
11:00 Exercises  
1:30 Making Book Marks  
3:00 Bean Bag Toss- Chapel  
4:00 Movement and Motion  
6:00 Trivia Word Games



9:30 Poetry  
11:00 Exercises  
1:00 Music Care Men's Club(AR)  
1:15 1:1 Visits  
1:30 Ann Dorland on Piano  
3:00 Music Care 1-1  
3:15 Movement & Motion  
4:00 Before Dinner Brain Games  
6:00 Bingo (AR)

9:30 Hymn Sing-Pam  
9:30 1-1 visits  
10:30 Picture Bingo (Lobby)  
11:00 Exercises  
1:30 Movie Matinee  
1:30 1-1 Visits 3rd  
3:15 Movement & Motion



We spend **January 1** walking through our lives, room by room, drawing up a list of work to be done, cracks to be patched. Maybe this year, to balance the list, we ought to walk through the rooms of our lives... not looking for flaws, but for potential. ~Ellen Goodman

